



# Cases Study for Formula in Jin Gui Yao Lue

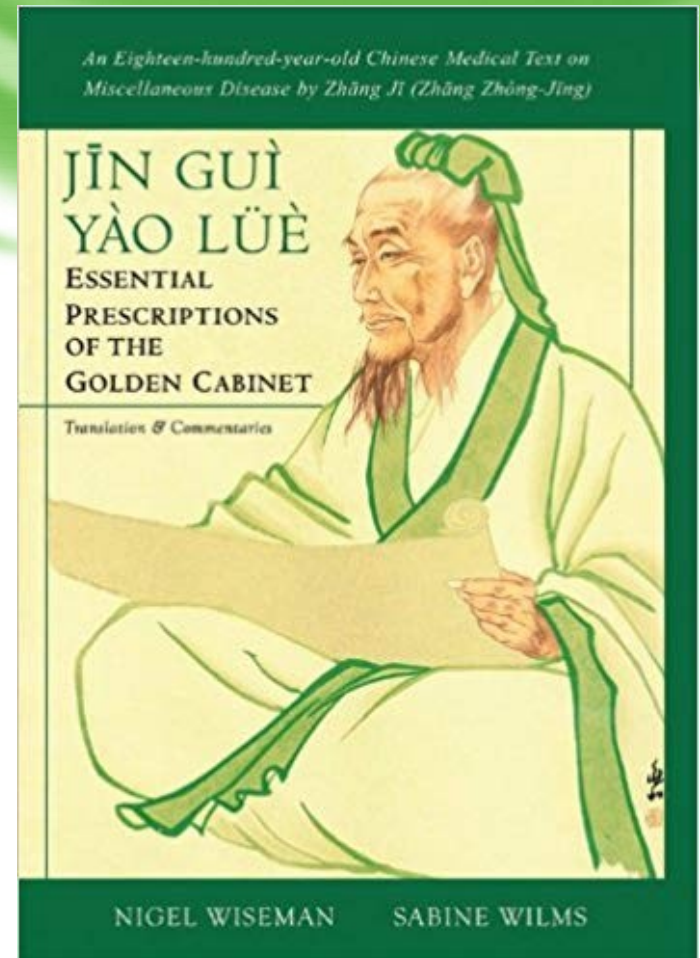
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08/04/2019

V3.0

# Reference Book

- Jin Gui Yao Lue: Essential Prescription of the Golden Cabinet, Translation and Commentaries:
  - Auther: Nigel Wiseman, Sabine Wilms
  - Publisher: Paradigm Publications (December 17, 2012)
  - Language: English
  - ISBN-10: 0912111917
  - ISBN-13: 978-0912111919



# About Jin Gui Yao Lue

- 《 Jin Gui Yao Lue 》 , known in English as the Essential Prescription of the Golden Cabinet, is a Chinese medical treatise that was compiled by Zhang Zhong-Jing sometime before the year 220, at the end of the Han dynasty.
- Unlike the six meridian analysis in it's sister volume 《 Shang Han Lun 》 , 《 Jin Gui Yao Lue 》 categorized diseases into different groups and introduce the formula in sequence for those diseases.

# Discussion of categories

- Chapter 5: Wind-Stroke and Joint-Running 中風歷節病脈證並治
- Chapter 6: Blood Impediment and Vacuity Taxation 血痺虛勞病脈證並治
- Chapter 9: Chest Impediment, Heart Pain, and Shortness of Breath 胸痺心痛短氣病脈證並治

# Chapter 5: Wind-Stroke and Joint Running 中風歷節病脈證並治

- Hou's Black Powder 侯氏黑散
- Feng Yin Tang 風引湯
- Fang Ji Di Huang Tang 防己地黃湯
- Tou Feng Mo San 頭風摩散
- Gui Zhi Shao Yao Zhi Mu Tang 桂枝芍藥知母湯
- Wu Tou Tang 烏頭湯

# Hou's Black Powder 侯氏黑散

- Indication: Treat great wind with vexing heaviness of the limbs, and aversion to cold and insufficiency in the heart. 治大風，四肢煩重，心中惡寒不足者
- Ingredients: Ju Hua 40, Bai Zhu 10, Xi Xin 3, Fu Ling 3, Mu Li 3, Jie Geng 8, Fang Feng 10, Ren Shen 3, Fan Shi 3, Huang Qin 5, Dang Gui 3, Gan Jiang 3, Chuan Xiong 3, Gui Zhi 3



# Case Studies – Case 1

- Patient info:
  - Gender: Male
  - Age: 50+
  - Subjective Patient Complaints:
    - Cerebral Ischemic Stroke
    - High Blood Pressure 160/120 mmHg



# Case Studies – Case 1

- Symptoms:
  - Hand Trembling
  - Dizzy and Headache
  - Shortness of Breath
  - Fatigue
  - Aversion to Cold
  - Cold Limbs





# Case Studies – Case 1

- TCM diagnosis:
  - Pulse: Thin and String
  - Coating: Thin Yellow
  - Tongue: Tip Red; Tilted to the right; Big with Teeth Marks

# Case Studies – Case 1

- Prescription :
  - Original Hou's Black Powder
  - Ju Hua 40g, Bai Zhu 10g, Fang Feng 10g,  
Jie Geng 8g, Huang Qin 5g, Xi Xin 3g, Fu Ling 3g,  
Mu Li 3g, Ren Shen 3g, Dang Qui 3g, Gan Jiang 3g,  
Xiong Qiong 3g, Gui Zhi 3g, Fan Shi 3g



# Case Studies – Case 1

- Result :
  - Dizziness gone after first pack of herbs.
  - Hand trembling stopped after 5 packs.
  - Blood pressure 140/90 after 15 packs.

# Hou's Black Powder 侯氏黑散

- Other possible application for Hou's Black Powder:
  - Hemiplegia
  - Numbness
  - Headache
  - Dizziness
  - Vertigo

# Feng Yin Tang 風引湯

- Indication: Eliminates Heat Paralysis and Epilepsy 除熱癱瘓
- Ingredients: Da Huang 12g, Gan Jiang 12g, Long Gu 12g, Gui Zhi 9g, Gan Cao 6g, Mu Li 6g, Han Shui Shi 18g, Hua Shi 18g, Chi Shi Zhi 18g, Bai Shi Zhi 18g, Zi Shi Ying 18g, Shi Gao 18g



## Case Studies – Case 2

- Patient info:
  - Gender: Male
  - Age: 10+
  - Subjective Patient Complaints:
    - Epilepsy
    - 2 ~ 3 times per day



## Case Studies – Case 2

- Symptoms:
  - Epilepsy
  - Dizziness
  - Red Face
  - Constipation
  - Yellow urine
  - Dreams a lot



## Case Studies – Case 2

- TCM diagnosis:
  - Pulse: Deep and String
  - Coating: Thin Yellow
  - Tongue: Tip and Sides Red



# Case Studies – Case 2

- Prescription :
  - Da Huang 30g, Gan Jiang 30g, Long Gu 24g,  
Mu Li 24g, Gui Zhi 15g, Han Sui Shi 45g,  
Chi Shi Zhi 45g, Bai Shi Zhi 45g, Zi Shi Ying 45g  
Gan Cao 15g, Lu Gen 40g, Zhi Shi 15g



## Case Studies – Case 2

- Result :
  - Frequency and period reduced after 20 dosage.
  - Added Shi Chang Pu 20g, Chuan Bei Mu 10g
  - Follow check and no epilepsy for months

# Feng Yin Tang 風引湯

- Other possible application for Feng Yin Tang:
  - Stroke
  - High Blood Pressure
  - Headache
  - Dizziness

# Fang Ji Di Huang Tang 防己地黃湯

- Indication: Treat Disease like mania with reckless behavior, constant monologue, absence of cold and heat, and a floating pulse 治病如狂狀妄行，獨語不休，無寒熱，其脈浮
- Ingredients: Fang Ji 3g, Gui Zhi 9g, Fang Feng 9g, Gan Cao 6g, Sheng Di Huang 60g



# Case Studies – Case 3

- Patient info:
  - Gender: Female
  - Age: 20+
  - Subjective Patient Complaints:
    - Manic
    - Constant monologue



# Case Studies – Case 3

- Symptoms:
  - Decreased need of sleep
  - Hyperactive
  - Disorganized thinking and speech
  - Childlike Silliness
  - Useless and excessive movement
  - Red face



# Case Studies – Case 3

- TCM diagnosis:
  - Pulse: Big and Weak
  - Coating: No coating
  - Tongue: Red and dry

# Case Studies – Case 3

- Prescription :
  - Original Feng Ji Di Huang Tang
  - Fang Ji 3g, Gui Zhi 9g, Fang Feng 9g,  
Gan Cao 6g, Sheng Di Huang 60g
- Result :
  - Improve of sleep after 10 dosage.
  - Stopped monologue and silliness after 30 dosage.
  - Back to normal and start to work after 50+ dosage.



# Fang Ji Di Huang Tang 防己地黃湯

- Other possible application for Fang Ji Di Huang Tang:
  - Schizophrenia
  - Epilepsy
  - Hypertension

# Tou Feng Mo San 頭風摩散

- Indication: Enduring recurrent headache and dizziness
- Ingredients: Pao Fu Zhi, Qing Yan (Qing Hai Salt)
  - Make a powder with equal amount of these two ingredients. Wash head and afterwards rub a square-inch-spoonful on the disease area.



# Case Studies – Case 4

- Patient info:
  - Gender: Female
  - Age: 40+
  - Subjective Patient Complaints:
    - Headache after got cold in the rain
    - The fever is gone after treatment, but the headache continue

# Case Studies – Case 4

- Symptoms:
  - Cluster Headache
  - Sweat a lot from the forehead.
  - Aversion to wind
- TCM diagnosis:
  - Pulse: Float and Weak
  - Coating: Thin White
  - Tongue: Pale and slippery

# Case Studies – Case 4

- Prescription :
  - Gui Zhi 9g, Bai Shao 9g, Gan Cao 6g  
Da Zao 6 pieces, Sheng Jiang 5 slices
  - Apply the Tou Feng Mo San on the Du 20, Du 16,  
EX-HN3 (Yin Tang), EX-HN5 (Tai Yang)
- Result :
  - Headache gone after 3 dosages

# Gui Zhi Shao Yao Zhi Mu Tang 桂枝芍藥知母湯

- Indication: All types of joint pain with marked emaciation of the body, feet swollen as drop off, dizzy head, shortness of breath, and seething desire to vomit. 諸肢節疼痛，身體尪羸，腳腫如脫，頭眩短氣，溫溫欲吐
- Ingredients: Gui Zhi 12g, Bai Shao 9g, Gan Cao 6g, Ma Huang 6g, Sheng Jiang 15g, Bai Zhu 15g, Zhi Mu 12g, Fang Feng 12g, Pao Fu Zi 12g

# Case Studies – Case 5

- Patient info:
  - Gender: Male
  - Age: 30+
  - Subjective Patient Complaints:
    - Rheumatoid Arthritis for 4+ year



# Case Studies – Case 5

- Symptoms:
  - Joints stiff, swollen and pain on both hands
  - Pain reduced when using heat pad
  - Pain got worse in cold weather
- TCM diagnosis:
  - Pulse: Deep and Thin
  - Coating: Thick and White
  - Tongue: Pale



# Case Studies – Case 5

- Prescription :
  - Gui Zhi 18g, Bai Shao 18g, Zhi Mu 18g,  
Fang Feng 15g, Cang Zhu 15g, Huang Bai 15g,  
Pao Fu Zi 15g, Ma Huang 9g, Gan Cao 9g, Bai Zhu  
12g, Sheng Jiang 12g, Yi Ren 30g, Huang Qi 30g
- Result :
  - Pain gone after 30+ dosages

# Gui Zhi Shao Yao Zhi Mu Tang 桂枝芍藥知母湯

- Other possible application for Fang Gui Zhi Shao Yao

Zhi Mu Tang:

- Arthritis
- Frozen Shoulder
- Sciatica
- Ankylosing Spondylitis

# Wu Tou Tang 烏頭湯

- Indication: For joint-running with inability to bend and stretch and with pain 病歷節不可屈伸，疼痛
- Ingredients: Ma Huang 9g, Bai Shao 9g, Huang Qi 9g, Zhi Gan Cao 9g, Wu Tou 6g ( Cooked with Honey 60ml until it reduced to half)
  - Cook the first 4 ingredients with 3 cups of water, wait till one cup left, added the honey and cook until 0.7 cup left.



# Case Studies – Case 6

- Patient info:
  - Gender: Female
  - Age: 20+
  - Subjective Patient Complaints:
    - Knee pain
    - Walked in water days ago

# Case Studies – Case 6

- Symptoms:
  - Both Knees stiff, swollen with sharp pain
  - Feel cold on both knees
  - Can not stand or sit
- TCM diagnosis:
  - Pulse: Deep and Tight
  - Coating: Thin and White
  - Tongue: Pale

# Case Studies – Case 6

- Prescription :
  - Ma Huang 15g, Bai Shao 30g, Huang Qi 15g,  
Zhi Gan Cao 6g, Wu Tou 12g, Gui Zhi 10g,  
Mu Gua 30g, Fang Ji 20g, Zhi, Sheng Jiang 3 slices,  
Da Zao 5 pieces



## Case Studies – Case 6

- Result :
  - Swollen reduced after 2 packs
  - Feel more pain during the night
  - Added Gan Jiang 12g
  - Pain relieved after 10 packs

# Wu Tou Tang 烏頭湯

- Other possible application for Fang Wu Tou Tang:
  - Arthritis
  - Sciatica
  - Trigeminal neuralgia
  - Dysmenorrhoea
  - Vertigo



# Chapter 6: Blood Impediment and Vacuity Taxation 血痺虛勞病脈證並治

- Huang Qi Gui Zhi Wu Wu Tang 黃耆桂枝五物湯
- Gui Zhi Long Gu Mu Li Tang 桂枝龍骨牡蠣湯
- Xiao Jian Zhong Tang/Huang Qi Jian Zhong Tang 小建中湯 / 黃耆建中湯
- Ba Wei Shen Qi Wan 八味腎氣丸
- Shu Yu Wan 薯蕷丸

# Huang Qi Gui Zhi Wu Wu Tang 黃耆桂枝 五物湯

- Indication: In blood impediment, when Yin and Yang are both faint, when faint on the inch opening and bar and small and light in the cubit, and when the external signs are generalized numbness and an appearance as in wind impediment 血痺陰陽俱微，寸口關上微，尺中小緊，外證身體不仁，如風痺狀
- Ingredients: Huang Qi 9g, Bai Shao 9g, Gui Zhi 9g, Sheng Jiang 18g, Da Zao 12 pieces



# Case Studies – Case 7

- Patient info:
  - Gender: Female
  - Age: 20+
  - Subjective Patient Complaints:
    - Numbness after Postpartum Hemorrhage



# Case Studies – Case 7

- Symptoms:
  - Whole body feel numb
  - Dizziness
  - Fatigue
- TCM diagnosis:
  - Pulse: Weak and Tight
  - Coating: Thin and White
  - Tongue: Pale

# Case Studies – Case 7

- Prescription :
  - Huang Qi 30g, Gui Zhi 9g, Bai Shao 9g,  
Sheng Jiang 18g, Da Zao 4 pieces
- Result :
  - Sweating after 3 packs, numbness only in both arms and left chest
  - Only left arm, index finger and little finger feel numb and mild pain after 10 packs

# Huang Qi Gui Zhi Wu Wu Tang 黃耆桂枝 五物湯

- Other possible application for Huang Qi Gui Zhi Wu

Wu Tang:

- Post Stroke Syndrome
- Pulselessness
- Shoulder Pain
- Night Sweat

# Gui Zhi Long Gu Mu Li Tang 桂枝龍骨牡蠣湯

- Indication: If patient suffering from seminal loss present with stringlike tension in the lesser abdomen, yin-head cold, dizzy vision, hair loss, and a pulse that is extremely vacuous, scallion-stalk, and slow, this means clear grain, blood collapse and seminal loss. Whenever you see a pulse that is scallion-stalk and stirring or faint and tight, this means seminal loss in men and dreaming of intercourse in women. 夫失精家，少腹弦急，陰頭寒，目眩，髮落，脈極虛芤遲，為清穀亡血失精，脈得諸芤動微緊，男子失精，女子夢交。

# Gui Zhi Long Gu Mu Li Tang 桂枝龍骨牡蠣湯

- Ingredients for Gui Zhi Long Gu Mu Li Tang:
  - Gui Zhi 9g, Bai Shao 9g, Sheng Jiang 9g, Gan Cao 6g, Da Zao 12 pieces, Long Gu 9g, Mu Li 9g
- Ingredients for Tian Xiong San:
  - Pao Tian Xiong 9g, Bai Zhu 24g, Gui Zhi 18g, Long Gu 9g





# Case Studies – Case 8

- Patient info:
  - Gender: Female
  - Age: 40+
  - Subjective Patient Complaints:
    - Menopausal Syndrome
    - Hot and Sweating on upper body



# Case Studies – Case 8

- Symptoms:
  - Insomnia
  - Irregular Menstruation
  - Mood Swings
- TCM diagnosis:
  - Pulse: Thin and Slow
  - Coating: Thin and White
  - Tongue: Tip Red

# Case Studies – Case 8

- Prescription :
  - Gui Zhi 10g, Bai Shao 9g, Gan Cao 10g,  
Long Gu 20g, Mu Li 20g, Sheng Jiang 6g,  
Da Zao 3 pieces, Chao Suan Zao Ren 15g,  
He Huan Pi 15g
- Result :
  - Sleep and sweating improved after 5 packs,
  - Sweating and body hot stopped after 10 packs



# Case Studies – Case 9

- Patient info:
  - Gender: Male
  - Age: 30+
  - Subjective Patient Complaints:
    - Spermatorrhea



# Case Studies – Case 9

- Symptoms:
  - 3 ~ 4 times a week
  - Cold limbs and body
  - Leaking of semen in urine
  - Fatigue
  - Dizziness
  - Frequent desire to urinate

# Case Studies – Case 9

- TCM diagnosis:
  - Pulse: Deep, Thin and Weak
  - Coating: Thin, White and Slippery
  - Tongue: Big, pale with teeth marks

# Case Studies – Case 9

- Prescription :
  - Tian Xiong 10g, Bai Zhu 15g, Rou Gui 6g,  
Long Gu 15g, Bu Gu Zhi 10g, Fu Pen Zi 10g,  
Yin Yang Huo 10g, Qian Shi 20g
- Result :
  - 1~2 times per week after 10 packs,
  - Back to normal after 20 packs

# Gui Zhi Long Gu Mu Li Tang 桂枝龍骨牡蠣湯

- Other possible application for Gui Zhi Long Gu Mu Li Tang and Tian Xiong San:
  - Insomnia
  - Enuresis
  - Dizziness
  - Vaginal discharge
  - Impotence



# Xiao Jian Zhong Tang 小建中湯

- Indication: In vacuous taxation with abdominal urgency, palpitation, spontaneous external bleeding, pain in the abdomen, seminal loss while dreaming, aching pain in the limbs, vexing heat in the hands and feet, and dry throat and mouth. 虛勞裡急，悸，衄，腹中痛，夢失精，四肢痠疼，手足煩熱，咽乾口燥
- Ingredients: Gui Zhi 9g, Bai Shao 18g, Jiao Yi 30g, Sheng Jiang 6g, Zhi Gan Cao 6g, Da Zao 12 pieces

# Huang Qi Jian Zhong Tang 黃耆建中湯

- Indication: In vacuous taxation with abdominal urgency and insufficiency of everything. 虛勞裡急，諸不足。
- Ingredients:
  - Huang Qi 4.5g, Gui Zhi 9g, Bai Shao 18g, Sheng Jiang 6g, Zhi Gan Cao 6g, Da Zao 12 pieces, Jiao Yi 30g



# Case Studies – Case 10

- Patient info:
  - Gender: Female
  - Age: 70+
  - Subjective Patient Complaints:
    - Headache, mainly in forehead, worsen if cold
    - Lower back pain
    - Cold limbs and numbness



# Case Studies – Case 10

- Symptoms:
  - Fatigue
  - Bloating and Stomachache
  - Nausea
  - Diarrhea
- TCM diagnosis:
  - Pulse: Deep, Weak and Thin
  - Coating: Thin and White
  - Tongue: Pale

# Case Studies – Case 10

- Prescription :
  - Huang Qi 30g, Gui Zhi 9g, Bai Shao 18g,  
Sheng Jiang 9g, Zhi Gan Cao 6g, Da Zao 4 pieces,  
Jiao Yi 30g
- Result :
  - Diarrhea stopped after 2 packs, appetite improved.
  - Headache and stomachache gone after 10 packs

# Xiao Jian Zhong Tang/Huang Qi Jian Zhong Tang 小建中湯 / 黃耆建中湯

- Other possible application for Xiao Jian Zhong

Tang/Huang Qi Jian Zhong Tang:

- Palpitation
- Stomachache
- Gastropptosis
- Stomach Ulcer
- Vertigo
- Low-Grade Fever

# Ba Wei Shen Qi Wan 八味腎氣丸

- Indication: In vacuous taxation with lumbar pain, hypertonicity in the lesser abdomen, and inhibited urination. 虛勞腰痛，少腹拘急，小便不利者
- Ingredients: Gan Di Huang 24g, San Yao 12g, San Zhu Yu 12g, Ze Xie 9g, Fu Ling 9g, Mu Dan Pi 9g, Gui Zhi 3g, Pao Fu Zi 3g



# Case Studies – Case 11

- Patient info:
  - Gender: Male
  - Age: 40+
  - Subjective Patient Complaints:
    - Post Stroke Syndrome
    - Stiffness in whole body and limbs





# Case Studies – Case 11

- Symptoms:
  - Hemiplegia (right side)
  - Numbness in whole body
  - Vertigo
  - Frequent urination
  - Tinnitus
  - Trouble with speaking



# Case Studies – Case 11

- TCM diagnosis:
  - Pulse: Deep, Thin and Slippery
  - Coating: Thick and White
  - Tongue: Pale

# Case Studies – Case 11

- Prescription :
  - Gan Di Huang 30g, San Yao 10g, San Zhu Yu 10g,  
Ze Xie 10g, Fu Ling 10g, Mu Dan Pi 9g, Rou Gui 6g,  
Zhi Wu Tou 6g
- Result :
  - Movement improved after 20 days
  - Can Walk by himself and back to work after 6 months

# Ba Wei Shen Qi Wan 八味腎氣丸

- Other possible application for Ba Wei Shen Qi Wan:
  - Lower Back Pain
  - Edema
  - Urinary Hesitancy
  - Enuresis
  - Diarrhea
  - Dizziness

# Shu Yu Wan 薯蕷丸

- Indication: For vacuity taxation with insufficiency of everything and the hundred diseases of wind qi. 虛勞諸不足，風氣百疾
- Ingredients: Shu Yu 23g, Dang Gui 8g, Gui Zhi 8g, Qu 8g, Gan Di Huang 8g, Dou Huang Juan 8g, Gan Cao 21g, Ren Shen 6g, Xiong Chong 5g, Bai Shao 5g, Bai Zhu 5g, Mai Men Dong 5g, Xing Ren 5g, Chai Hu 4g, Jie Geng 4g, Fu Ling 4g, E Jiao 5g, Gan Jiang 2g, Bai Lian 2g, Fang Feng 5g, Da Zao 100 pieces



# Case Studies – Case 12

- Patient info:
  - Gender: Male
  - Age: 50+
  - Subjective Patient Complaints:
    - Tuberculosis



# Case Studies – Case 12

- Symptoms:
  - Cough, Blood in Phlegm
  - Jaundice
  - Low Appetite
  - Diarrhea



# Case Studies – Case 12

- TCM diagnosis:
  - Pulse: Thin and Wiry
  - Coating: Thick and White
  - Tongue: Dark with teeth marks





## Case Studies – Case 12

- Prescription :
  - Shu Yu Wan, Bai Bu, Bie Jia, Huang Qin, Dan Shen
- Result :
  - Cough stopped and back to work after 2 months treatment
  - The cavities disappear and lesions calcified

# Shu Yu Wan 薯蕷丸

- Other possible application for Shu Yu Wan:
  - Palpitation
  - Low-Grade Fever
  - Stomachache
  - Numbness

# Chapter 9: Chest Impediment, Heart Pain, and Shortness of Breath 胸痺心痛短氣病脈證並治

- Gua Lou Xie Bai Bai Jiu Tang 栝蘘薤白白酒湯
- Gua Lou Xie Bai Ban Xia Tang 栝蘘薤白半夏湯
- Zhi Shi Xie Bai Gui Zhi Tang 枳實薤白桂枝湯
- Fu Ling Xin Ren Gan Cao Tang 茯苓杏仁甘草湯
- Ju Pi Zhi Shi Shen Jiang Tang 橘皮枳實生薑湯
- Yi Yi Ren Fu Zi San 薏苡仁附子散
- Gui Zhi Sheng Jiang Zhi Shi Tang 桂枝生薑枳實湯

# Gua Lou Xie Bai Bai Jiu Tang 栝蒌薤白白酒湯

- Indication: For chest impediment disease with panting, coughing, and spitting, pain in the chest and back, shortness of breath, a sunken and slow inch opening pulse, and a small, tight and rapid bar. 胸痺之病，喘息咳唾，胸背痛，短氣，寸口脈沈而遲，關上小緊數
- Ingredients: Gua Lou Shi 15g, Xie Bai 9g, Bai Jiu

# Gua Lou Xie Bai Ban Xia Tang 栝蒌薤白半夏湯

- Indication: For chest impediment disease with inability to lie down and heart pain going through to the back 胸痺不得臥，心痛徹背者
- Ingredients: Gua Lou Shi 15g, Xie Bai 9g, Ban Xia 9g, Bai Jiu

# Zhi Shi Xie Bai Gui Zhi Tang 枳實薤白桂枝湯

- Indication: For chest impediment with glomus in the heart, abiding qi binding in the chest, fullness in the chest, and counterflow under the rib-side prodding the heart. 胸痺，心中痞，留氣結在胸，胸滿，脇下逆搶心。
- Ingredients: Zhi Shi 9g, Hou Po 12g, Gua Lou Shi 15g, Xie Bai 9g, Gui Zhi 3g



# Case Studies – Case 13

- Patient info:
  - Gender: Female
  - Age: 50+
  - Subjective Patient Complaints:
    - Coronary Artery Disease for 5+ year



# Case Studies – Case 13

- Symptoms:
  - Pain in the chest, 2~3 times per day
  - Chest tightness
  - Shortness of Breath
  - Fatigue





# Case Studies – Case 13

- TCM diagnosis:
  - Pulse: Thin and Wiry
  - Coating: Thick and White
  - Tongue: Pale with teeth marks

# Case Studies – Case 13

- Prescription :
  - Gua Lou Shi 30g, Xie Bai 12g, Ban Xia 15g,  
Zhi Ke 10g, Ju Pi 15g, Sheng Jian 6g,  
Dang Shen 30g, Huang Qi 30g, Gui Zhi 12g,  
Xiang Fu 12g
- Result :
  - Mild chest pain occur occasionally after 2 month
  - Chest tightness and SOB reduced.

# Fu Ling Xing Ren Gan Cao Tang 茯苓杏仁甘草 枝湯 / Ju Zhi Jaing Tang 橘枳薑湯

- Indication: For chest impediment with qi blockage in the chest and shortness of breath. 胸痺，胸中氣塞，短氣。
- Ingredients:
  - Fu Ling Xing Ren Gan Cao Tang:
    - Fu Ling 9g, Xing Ren 9g, Gan Cao 3g
  - Ju Zhi Jiang Tang:
    - Ju Pi 30g, Zhi Shi 9g, Sheng Jiang 15g

# Case Studies – Case 14

- Patient info:
  - Gender: Female
  - Age: 50+
  - Subjective Patient Complaints:
    - Frequent Ventricular Extrasystole



# Case Studies – Case 14

- Symptoms:
  - Palpitation
  - Chest tightness
  - Shortness of Breath
  - Fatigue
  - Low Appetite
  - Nausea



# Case Studies – Case 14

- TCM diagnosis:
  - Pulse: Bound and Intermittent
  - Coating: Thin and White
  - Tongue: Big and Pale, Moisture

# Case Studies – Case 14

- Prescription :
  - Fu Ling 30g, Xing Ren 10g, Zhi Gan Cao 10g,  
Zhi Ke 10g
- Result :
  - Chest tightness and SOB reduced, no palpitation after 3 packs

# Yi Yi Ren Fu Zi San 薏苡仁附子散

- Indication: For acute chest impediment 胸痺緩急者
- Ingredients:
  - Yi Yi Ren 45g, Pao Fu Zi 30g





# Case Studies – Case 15

- Patient info:
  - Gender: Male
  - Age: 50+
  - Subjective Patient Complaints:
    - Chest Tightness and pain for 20+ days



# Case Studies – Case 15

- Symptoms:
  - Chest tightness
  - Insomnia
  - Aversion to cold
  - Low Appetite
  - Nausea



# Case Studies – Case 15

- TCM diagnosis:
  - Pulse: Thin and Wiry
  - Coating: White and Watery
  - Tongue: Big and Pale

# Case Studies – Case 15

- Prescription :
  - Pao Fu Zi 15g, Yi Yi Ren 30g
- Result :
  - Can fall asleep for 3~4 hours after 1st pack
  - Chest pain reduced and appetite improved after 2 more packs
  - Added Li Zhong Tang and Gua Lou Ban Xia Tang
  - Mild pain left after 3 more packs

# Gui Zhi Sheng Jiang Zhi Shi Tang 桂枝生薑枳實湯

- Indication: For glomus in the heart with all counterflow and suspension pain in the heart 心中痞，諸逆心懸痛
- Ingredients:
  - Gui Zhi 9g , Sheng Jiang 9g, Zhi Shi 15g



# Case Studies – Case 16

- Patient info:
  - Gender: Male
  - Age: 50+
  - Subjective Patient Complaints:
    - Vomit water for 10+ days
    - Losing weight


# Case Studies – Case 16

- Symptoms:
  - Vomit started from 3 pm ( 日晡 ) to 9 pm ( 初更 )
  - The water flooded from abdomen region up to chest. The chest felt pain and started to vomit water
  - No change in appetite and no other discomfort

# Case Studies – Case 16

- Prescription :
  - Gui Zhi 9g, Sheng Jiang 9g, Zhi Shi 15g
- Result :
  - Water still rising but no vomit in first day
  - All symptoms were gone after 6 days



A decorative graphic on the left side of the slide, consisting of several overlapping, curved green shapes that resemble the veins of a leaf or a stylized wave. The colors range from a vibrant green to a lighter, almost white green, creating a sense of depth and movement.

Q&A