

## Cases from Dr. Hai Sha Ni

 Dr. Hai Sha Ni (1954 - 2012), a Chinese physician born in Taiwan. He founded the Han and Tang Chinese Medicine Clinic in the United States and was previously a PhD supervisor at the Five Branches University and the Dean of the Han and Tang Chinese School of Medicine. Life devoted to carry forward the Chinese medicine and Chinese culture.



Gender: Female

• Age: 60+

Symptoms:

Difficulty to sleep

Eat a lot

Sometimes constipation

Not easy to sweat

Coating: Yellow, wet

Take steroid 3 times daily

Dry mouth, thirsty, prefer icy drink

Hot feet, especially at night

Pulse: Robust

### Prescription :

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Shi Gao 180g Zhi Mu 15g Xuan Fu Hua 9g
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Dai Zhe Shi 15g Ban Sha (Raw) 12g

Gui Zhi 9g Bai Zhu 9g Fu Ling 15g

Zhu Ling 9g Ze Xie 15g Chuan Xiong 9g

Mu Dan Pi 9g Hong Hua 6g

Sheng Jiang 3 slices



Prescription Analysis:

Shi Gao , Zhi Mu - Bai Hu Tang

Xuan Fu Hua, Dai Zhe Shi - Xuan Fu Dai Zhe Tang

Gui Zhi, Bai Zhu, Fu Ling, Zhu Ling, Ze Xie - Wu Ling San

Chuan Xiong, Mu Dan Pi, Hong Hua - Blood Circulation

Ban Sha (Raw) - Removing Phlegm

Sheng Jiang - Warming stomach

#### Analysis:

- Appetite too good is caused by steroid. That is why using Bai Hu Tang .
- Patient is not easy to sweat but dampness inside. Using Wu Ling San to repel dampness through urine
- Yellow coating means heat inside which causing thirst
- Blood stasis in brain, using Chuan Xiong, Mu Dan Pi. Hong Hua.
- Heavy dosage of Shi Gao is not only clear the heat in Yang Brightness, but also working on tumor in Lung

Raw Ban Xia can repel the water on the top. So using Wu Ling San plus Raw Ban Xia to reduce the water retention in the brain.

- Bai Hu Tang( 《 ShangHan Za bing Lun 》) :
  - Zhi Mu 18g, Shi Gao 45g, Zhi Gan Cao 6g, Jing Mi 18g
  - Action: Clear the heat and replenish the fluid, reduce thirst and irritation.
  - Indication: Great heat in Yang Ming, Dry mouth and thirsty, red face, aversion to heat, sweating a lot, Big pulse or rapid and slippery pulse



- Xuan Fu Dai Zhe Tang ( ShangHan Za bing Lun ) :
  - Xuan Fu Hua 9g, Sheng Jiang 15, Ginseng 6g, Dai Zhe Shi
     3g, Zhi Gan Cao 9g, Ban Xia 12g, Da Zao 12 pieces
  - Action: Reducing phlegm, lower the upward Qi and soothing the stomach
  - Indication: Stomach qi is weak, pain or uncomfortable when pressed, with turbid phlegm blocking inside; hiccup

- Wu Ling San ( 《 ShangHan Za bing Lun 》 ) :
  - Zhu Ling 9g, Ze Xie 15g, Bai Zhu 9g, Fu Ling 9g, Qui Zhi 6g
  - Action: Promoting urine and reduce dampness, enhance and tonify Yang Qi
  - Indication: 1, Exterior pattern with dampness inside. Headache, fever, thirst but vomit after drinking, poor urination, white coating in tongue, pulse float. 2, Edema, diarrhea, vomiting. 3, pulse movement below navel,
     foaming spitting, vertigo, or shortness of breath

# Case: Malignant Lymphoma

Gender: Male

• Age: 40+

Symptoms:

Cold feet & Cold body

**Good Appetite** 

Bowel movement daily

Not easy to sweat

Normal thirst, prefer cold

Good sleep, dream a lot

Coating: White, wet, body red & thick

Pulse: Thin and weak

# Case: Malignant Lymphoma

Prescription :

Sheng Fu Zi 6g

Fang Ji 9g

Long Gu 9g

Gan Jiang 6g

Bai Zhu 15g

Mu Li 30g

Zhi Gan Cao 9g

Fu Ling 15g

Ze Xie 15g



# Case: Malignant Lymphoma

Prescription Analysis:

Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang Fang Ji, Bai Zhu, Fu Ling, Ze Xie – Dredge San Jao Long Gu, Mu Li - Converge the Yang Qi



- Si Ni Tang ( 《 ShangHan Za bing Lun 》) :
  - Zhi Gan Cao 6g, Gan Jiang 4.5g, Raw Fu Zi, peeled, divided into 8 pieces, 10g
  - Action: Warm the meridians to dissipate cold, repel coldness, restore Yang to save from collapse
  - Indication: Yang deficiency and Yin exuberance, reversal cold of the extremities, aversion to cold, lack of energy and sleepy, clear-food diarrhea, cold pain in abdominal region, bland taste and not thirst, pale tongue with white coating, Pulse deep and weak.

Gender: Female

• Age: 40+

Symptoms:

Lump at UOQ of left breast and armpit, with skin change

Constipation, Not east to sweat Thirst, prefer warm drink

Bad Appetite Cold feet and body

Advanced period and spotting Insomnia (half year)

Coasing: Thin, white, body red Pulse: Thin and weak

### Prescription :

Da Huang 6g Xi Xin 6g Pao Fu Zi 9g

Bai Zhu 9g Gui Zhi 9g Bai Shao 9g

Zhi Gan Cao 9g Da Zao 10 pieces

Wu Zhu Yu 6g Gan Jiang 6g Dang Gui 6g

Mu Tong 9g Mu Li 30g Sheng Fu Zi 9g (packed)

Wa Leng Zhi 15g Fang Ji 15g



### Prescription Analysis:

Da Huang, Xi Xin, Pao Fu Zi – Da Huang Xi Xin Fu Zi Tang Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Wu Zhu Yu, Gan Jiang, Dang Gui, Mu Tong – Dang Gui Si Ni Jia Wu Zhu Yu Tang

Long Gu, Mu Li - Converge the Yang Qi



- Analysis:
  - Right pulse > Left pulse, pulse thin and weak, constipation → Da Huang Fu Zi Xi Xin Tang
  - Lump in left breast with pus coming out → Zu Fu
     Tang
  - Coldness below knees → Raw Fu Zi



- Da Huang Fu Zi Xi Xin Tang ( ShangHan Za bing Lun ) :
  - Da Huang 9g, Pao Fu Zi 10g, Xi Xin 3g,
  - Action: Warm the meridians to dissipate cold, disperse the nodule and stop the pain
  - Indication: Hypochondriac pain, fever; Pulse tight and string.



- Zhu Fu Tang (《 Jin Qui Yao Lue 》):
  - Bai Zhu 6g, Pao Fu Zi 15g, Zhi Gan Cao 3g
  - Action: Warm up muscle, tonify the middle and essential qi
  - Indication: Wind-dampness painful impediment, dizziness and heavy limbs, dampness stroke and diarrhea



- Dang Gui Si Ni Jia Wu Zhu Yu Sheng Jiang Tang
   ( 《 ShangHan Za bing Lun 》 ) :
  - Dang Gui 12g, Gui Zhi 9g, Bai Shao 9g, Xi Xin 9g, Zhi Gan Cao 6g, Tong Cao 6g, Da Zao 25 pieces, Wu Zhu Yu 9g, Sheng Jiang 15g
  - Action: Tonify blood, free the collateral vessels, dissipate the cold
  - Indication: Blood deficiency with internal cold, and affect by external coldness, causing reversal cold of extremities. Tongue pale with white coating. Pulse extremely weak. Some may have headache, dry retching or spitting foam.

### Case: Colorectal Cancer

Gender: Female

• Age: 70+

Symptoms:

Blood in stool Light yellow urine

Good Appetite Body hot but cold feet &hand

Thirst prefer icy drink Insomnia 3 years

Sweating during sleep Pain in both legs

Coaling: Light yellow, wet Deep and Firm on Chi Mai

### Case: Colorectal Cancer

### Prescription :

Hou Po 6g Zhi Shi 6g Da Huang 9g Gui Zhi 15g Bai Shao 12g Sheng Jiang 2 slices Hong Zao 10 pieces Dang Gui 6g Mu Tong 6g Xi Xin 6g Huai Hua 9g Chi Xiao Do 9g Ma Huang 9g Bai Zhu 9g Pao Fu Zi 9g Zhi Gan Cao 9g Fang Feng 15g Zhi Mu 9g Mai Men Dong 9g Mang Xiao 9g (divided into three parts)



### Case: Colorectal Cancer

### Prescription Analysis:

Da Huang, Hou Po, Zhi Shi, Mang Xiao – Da Chen Qi Tang

Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Gan Jiang, Dang Gui, Mu Tong, Xi Xin – Dang Gui Si Ni Tang

Gui Zhi, Ma Huang, Bai Zhu, Pao Fu Zi, Zhi Gan Cao, Fang Feng, Zhi Mu, Mai Men Dong – Gui Zhi Shao Yao Zhi Mu Tang

Huai Hua, Chi Xiao Do, Dang Gui - Remove the heat in lower Jiao

- Da Cheng Qi Tang ( 《 ShangHan Za bing Lun 》 ) :
  - Da Huang 12g, Hou Po 15g, Zhi Shi 12g, Mang Xiao 9g
  - Action: Relieve heat-binding symptom
  - Indication: 1, Severe Constipation and flatulence, 2, Epigastric and abdominal focal distention and fullness. 3, Firm abdomen with pain that is aggravated by pressure. 4, Possible tidal fever, Profuse sweating from the hands and the feet, irritability, and delirious speech.

- - Dang Gui 12g, Gui Zhi 9g, Bai Shao 9g, Xi Xin 9g, Zhi Gan Cao 6g, Tong Cao 6g, Da Zao 25pieces
  - Action: Tonify blood, free the collateral vessels, dissipate the cold
  - Indication: Blood deficiency with internal cold, and affect by external coldness, causing reversal cold of extremities. Tongue pale with white coating. Pulse extremely weak. Some may have headache, dry retching or spitting foam.

- Chi Xiao Dou Dang Gui San (《Jin Qui Yao Lue》)
  - Chi Xiao Dou 150g, Dang Gui 30g
  - Action: Expel pus, Clear dampness-heat
  - Indication: Blood in stool, or bleeding before stool come out; Intestinal abscess or pus in stool



- - Gui Zhi 12g, Shao Yao 9g, Gan Cao 6g, Ma Huang 12g, Sheng Jiang 15g, Bai Zhu 15g, Zhi Mu 12g, Fang Feng 12g, Pao Fu Zi 10g
  - Action: Dispel wind and dampness, free the collateral vessels, dissipate the cold, nourish Yin
  - Indication: Pain in limbs, weak, pitting edema, vertigo,
     shortness of breath, nausea

## Case: Lung Cancer

Gender: Female

• Age: 80+

Symptoms:

Cough during sleep, sticky Ur

Vomiting with blood clot D

Side chest pain

Can not do deep breath

Bad appetite

, Coarting: Light yellow, dry

**Urethritis** 

Dark stool

Cough while laying down

Always thirsty, prefer warm

Cold hands and feet

Pulse: Big, string, rapid and

deep solid

## Case: Lung Cancer

Prescription 1:

Shi Zao Tang

Prescription 2:

Ban Xia 9g Huang Qin 9g Huang Bai 9g Nan Xing 9g Xuan Fu Hua 9g Dai Zhe Shi 9g Sheng Jiang 2 slices Zhi Gan Cao 9g Zhi Shi 6g Hua Shi 9g Zhu Ling 9g



## Case: Lung Cancer

Prescription Analysis:

Shi Zao Tang – Using with empty stomach, last for 5 hours

Ban Xia, Huang Qin, Huang Bai, Hua Shi, Zhu Ling-Urethritis

Xuan Fu Hua, Dai Zhe Shi, Sheng Jiang 2 slices, Zhi Gan Cao – Xuan Fu Dai Zhe Tang

Zhi Shi – Open the chest and the diaphragm



- Shi Zao Tang :
  - Cook Da Zao first, remove the residue then adding the powder 3 grams for strong person, 1.5 gram for weak patient. Or make pill with Da Zao and powder. Take it till patient has diarrhea. When it's done, patient should only eat food which is nutrient and easy to digest.



- Shi Zao Tang ( 《 ShangHan Za bing Lun 》 ) :
  - Yan Hua, Gan Sui, Da Ji 3 g or 1.5 g each in powder, Da Zao 10 pieces
  - Action: Expel retained fluid by purgation
  - Indication: 1, Pleural effusion or ascites, cough with chest pain, fullness and stuffiness in upper abdominal region, retching, shortness of breath, headache. Tongue coating slippery, pulse deep and string. 2, Edema in whole body, especially below the middle of torso, blosting, panting, inhibited urination and bowel

movement, interior excess syndrome

- Zhu Ling Tang (《ShangHan Za bing Lun》):
  - Zhu Ling 5g, Fu Ling 5g, Ze Xie 5g, Er Jiao 5g, Hua Shi 5g
  - Action: induce diuresis and drain dampness, clear heat and nourish Yin
  - Indication: 1, Binding of water and heat, inhibited urination, fever, thirst, vexation and inability to sleep, may also have cough, nausea and diarrhea. 2, Strangury, hematuria, difficult painful urination, fullness of lower abdomen.

### Case: Liver Cancer

Gender: Male

• Age: 50+

Symptoms:

Wake up during sleep once (around 3~4am)

Go to poop 4 times/day

Always thirsty, prefer warm

Good appetite Red palm and cold feet

Sore legs, sometimes cramp

Coating: No coating, red tongue Pulse: Big

### Case: Liver Cancer

### Prescription :

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Sheng Fu Zi 9g (packed) Huang Lian 6g
Huang Qin 9g Chai Hu 9g Chuan Xiong 9g Qian Cao 9g
Zhi Bie Jia 9g Ban Xia 9g Tian Nan Xing 9g
Mai Men Dong 15g Tien Hua Fen 15g
Dang Shen 9g Bai Shao 15g Zhi Gan Cao 9g
Shen Jin Cao 12g Ze Xie 15g Jue Ming Zi 9g
Gou Qi Zi 15g Sheng Liu Huang 9g Gan Jiang 6g
Zhi Zi 6g Yin Chen 9g
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### Case: Liver Cancer

### Prescription Analysis:

Chai Hu, Huang Qin, Ban Xia, Dang Shen, Zhi Gan Cao – Xiao Chai Hu Tang

Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang

Ban Xia, Tian Nan Xing – Removing the phelgm

Mai Men Dong, Tien Hua Fen, Jue Ming Zi, Gou Qi Zi – Yin deficiency and thirst

Ze Xie , Zhi Zi , Yin Chen – Dark urine

#### Case: Liver Cancer

- Analysis:
  - Zhi Zi → Clear deficiency heat
  - Yin Chen → Clear jaundice
  - Replenish spleen to treat liver. The "replenish spleen" means draining dampness to enliven spleen, not to tonify it.



- Xiao Chai Hu Tang ( 《 ShangHan Za bing Lun 》 ) :
  - Chai Hu 24g, Huang Qin 9g, Ginseng 9g, Ban Xia 9g, Gan Cao 9g, Sheng Jiang 9g, Da Zao 12 pieces
  - Action: Harmonize Lesser Yang
  - Indication: 1, Lesser Yang cold damage syndrome, alternating chill and fever, fullness in chest and hypochondrium, no appetite, vexation and retching, bitter taste and dry throat. Pulse rapid and string, white coating.
    - 2, cold damage to women with heat entering the blood
    - chan ber. 3, Internal damage with Lesser Yang syndrome.

- Yin Chen Hao Tang ( 《 ShangHan Za bing Lun 》 ) :
  - Yin Chen 30g, Zhi Zi 15g, Da Huang 10g
  - Action: Clear heat and drain dampness, reduce jaundice
  - Indication: Damp-heat jaundice, skin yellow as tangerine, slight fullness in abdomen, inhabited urination, thirst. Tongue coating yellow and slimy, pulse deep and forceful or rapid with slippery.

#### About Dr. Ke Li

• Dr. Ke Li (1930 ~ 2013), he is a Chinese medicine practitioner and TCM expert in mainland China. He devoted himself to the clinical research of Chinese medicine for 52 years, advocated Fu Yang, and treated patient with large amount of Fu Zi. He claimed to have cured more than 100,000 critically ill patients, including more than 20,000 cases of terminally ill patients who had been sentenced by hospital.

Gender: Male

• Age: 60+

Symptoms:

Dark yellow on face

Lower back pain

Lose weight

Bad appetite

Always feel cold

Coating: No coating, purple tongue with teeth marks

Pulse: weak

#### Prescription :

Ginseng 15g (cooked seperately) Piao Hai Zao 30g
Zhi Gan Cao30g Quan Xie 12 pieces Wu Gong 3piece
(Grinding, take drentch) Bai Jie Zi 10g (Fried, Grinding)
Shu Di Huang 30g Wu Ling Zhi 30g Ma Huang 5g
Zi You Gui 10g (decoct later) Lu Jiao Shuang 45g
Pao Jiang 15g Sheng Ban Xia 75g Sheng Nan Xing 10g
Pao Fu Zi 45g Fu Ling 45g Xi Xin 45g (decoct later)
Da Bei 120g Sheng Jiang 45g

Prescription :

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Ginseng15g (separate) Fu Ling 45g Sheng Jiang45g
Pao Fu Zi 45g Zhi Gan Cao 30g Bai Jie Zi 10g (fried)
Shu Di 30g Ma Huang 5g Zi You Gui 10g
(decoct later) Lu Jiao Shuang 45g Piao Hai Zao 30g
Wu Ling Zhi 30g Quan Xie 12 pieces Wu Gong 3
pieces (powder and take drenched) Pao Jiang 15g
Sheng Ban Xia 75g Sheng Nan Xing 10g Xi Xin 45g
(decoct later) Da Bei 120g •
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Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang

Bai Jie Zi , Shu Di , Ma Huang , Zi You Gui , Lu Jiao Shuang , Piao Hai Zao – Yang He Tang

Quan Xie, Wu Gong – Zhi Jin San

Sheng Ban Xia, Sheng Nan Xing, Da Bei – Remove the phlegm

Pao liang , Xi Xin – Warm up

Yang He Tang :

Shu Di Huang 30g Lu Jiao Jiao 9g

Bai Jie Zi 6g Pao Jiang 1.5g

Sheng Ma Huang 1.5g Rou Gui 3g

Sheng Gan Cao 3g

 Action: Tonify Yang Qi and blood, warm up and remove the blockage in meridian



Gong Ai Duo Ming Tang :

Piao Hai Zao 30g Sheng Gan Cao 30g Cu Bie Jia 30g She She Cao 30g

Zao Xiu 30g Hai Ha Ke 30g

Sheng Ban Xia 30g Sheng Jiang 30g

Mu Li 30g Da Bei 15g

Shan Dou Gen 10g Quan Xie 12 pieces

Ming Xiong Huang 1g" (Grinding)

Mu Bie Zi 30g

Xia Ku Cao 30g

Huang Yao Zi 30g

Yuan Shen 30g

Shan Ci Gu 10g

Wu Gong 4pieces



Gong Ai #2 Tang :

Zhi Gan Cao 60g Gan Jiang 45g Sheng Fu Zi 30g Sheng Ban Xia 65~120g Sheng Nan Xing 45~60g Sheng Yu Bai Fu 30g Bai Jie Zi (Grinding fried) 15~45g Piao Hai Zao 45~120g Zhi Jing San 6g Ma Huang 5g Zi You Gui (Grinding) 1.5~3g Wu Ling Zhi 30g Sheng Shai Shen (Grinding) 30g Chuan Jian Bei 6~12g Xi Xin 45g Sheng Jiang 75g



- Zhi Jing San :
  - Wu Gong 30g Quan Xie 30g
  - Action: Expel Wind, Free the collateral vessel, arrest convulsion, calm and relieve pain
  - Indication: Tetanus, Japanese encephalitis, Craniocerebral trauma, Arthritis, Intractable headache shows hand and feet convulsion.



Gender: Female

• Age: 30+

Symptoms:

Nausea Loss of Appetite

Belching Cramps in abdominal region

Dark yellow on face Tired and sleepy

Coating: Light w/ teeth mark Pulse: Thin and Weak

Prescription 1 :

Zhi Gan Cao 120g Gan Jiang 90g Ginseng 30g
 (Cooked separately) Pao Fu Zi 100g Bai Zhu 90g
 You Gui 10g (decoct later) Fu Ling 45g

Wu Zhu Yu 30g Sheng Ban Xia 75g

San Shi 30g each Sheng Jiang 45g

Sheng San Yu Rou 120g

Sheng Jiang juice 10ml Da Zao 25 pieces



Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang

Wu Zhu Yu , Da Zao , Sheng Jiang , Ginseng – Wu Zhu Yu Tang

San Shi – Sheng Long Gu, Sheng Mu Li, Ci Shi



#### Prescription 2 :

Pao Fu Zi 100g, You Gui 10g (decoct later),
Chen Xiang 10g, Sha Ren 10g (decoct later),
Sheng San Yao 60g, Fu Ling 45g, Ze Xie30g,
Huai Niu Xi 30g, Ginseng30g, Zhi Gan Cao90g,
Bai Zhu 90g, Gan Jiang 90g,
Shu He Xiang Wan 2 pills, Wu Ling Zhi 30g,
Shen Si Wei 30g each, Wu Mei 30g



Prescription Analysis:

Pao Fu Zi, You Gui, Chen Xiang, Sha Ren, Sheng San Yao, Fu Ling, Ze Xie, Huai Niu Xi, Ginseng, Zhi Gan Cao – Wen Shi Ben Tun Tang

Shen Si Wei – Bu Gu Zhi, Yin Yang Huo, Tu Si Zi, Gou Ji Zi

Shu He Xiang Wan - Warms and Aromatically Opens the Orifices, moves Qi, transforms turbidity, clears Phlegm



Po Ge Jiu Xin Tang :

Fu Zi 30 ~ 200g, Gan Jiang 60g

Gao Li Shen 10 ~ 30g (Cooked separately)

San Yu Rou 60 ~ 120g

Sheng Long Gu powder 30g Mu Li powder 30g Ci Shi powder 30g

She Xiang 0.5g (take drenched)



 Lai Fu Tang ( Zhang Xichun 《 Yi Xue Zhong Zhong Can Xi Lu 》 ) :

> San Yu Rou 60g Sheng Long Gu powder 30g Sheng Mu Li powder 30g Sheng Bai Shao 18g Ye Tai Shen 12g Zhi Gan Cao 6g

"When original qi collapse, it's all from liver. So who is exhausted and weak, will have abnormal movement of liver wind. It's the sign for original qi collapsing. Liver and gall bladder are pair of exterior-interior. Gall bladder is Lesser Yang, symptoms are alternating chill and fever. Liver is reverting Yin, when it extremely deficient also shows alternating chill and fever, which will cause sweating a lot. San Yu Rou can constraint sweat and tonify the Liver, which make it the best choice for who is extremely weak in Liver and the original qi is going to collapse"

Wen Shi Ben Tun Tang :

Fu Zi 30 ~ 200g Rou Gui 10g Hong Shen 10 ~ 30g Chen Xiang 3 ~ 10g Sha Ren 3 ~ 10g San Yao 30 ~ 60g Fu Ling 30g Ze Xie 30g Huai Niu Xi 10g Zhi Gan Cao 60g

Action: Warm up and nourish life gate fire, save original Yang from declining, prevent original qi collapse. Tonify fire to engender earth. Drain dampness to enliven spleen. Tonify earth, control water to reduce edema. Promote qi to calm panting. Nourish thoroughfare vessel. Bring fire back to origin. Subdue running piglet qi. Reduce coloness accumulated in five organs and six bowels. Get rid of cold impediment in bone and vessels. Dissapite cold, move qi to stop the pain.

#### Case: Pancreatic Cancer

Gender: Female

• Age: 50+

Symptoms:

Surgery wound heal slow

Dark yellow complexion

Tongue: light purple

Lost of Appetite

Shivering, cold limbs

Pulse: Thin and weak



#### Case: Pancreatic Cancer

Prescription :

Sheng Fu Zi 30g Gan Jiang 30g Bai Zhu 90g Ginseng 30g (separate) Chao Mai Ya 30g Zhi Gan Cao 60g You Gui 10g (decoct later) Sha Ren 30g (stir-fry with ginger juice) Sheng Ban Xia45g Fu Ling 45g Sheng Jiang 45g

Added in second visit :

Pu Gong Ying 120g Zao Ci 10g Bai Zhi 10g (decoct

later)

, Pac<mark>Jia Zhu 10g</mark>

Sheng Huang Qi 90g

- Tou Nong San (《Wai Ke Zheng Zong》):
   Huang Qi 12g Dang Gui 6g Pao Chuan San Jia 3g
   Zao Jiao Ci 4.5g Chuan Xiong 9g
  - "Talk about the Huang Qi in this formula. Raw Huang Qi can tonify qi, expel toxin and pus. Zhi Huang Qi just tonify qi, but not able to expel toxin. In contrast, it will promote fire toxin. So it has to be raw Huang Qi in this formula. Using Raw Huang Qi as sovereign ingredient, assisted with the ng Gui, Chuan Xiong to tonify and activate blood. Chuan San Jia plus Zao Jiao Ci to resolve and soften the mass. Huang Jiu unblock the vessel and resolve stasis. All

ingredients works together to expel toxin and pus."

## Case: Ovarian Cancer w/ Liver Metastasis after surgery

Gender: Female

• Age: 50+

Symptoms:

Migraine

Dark yellow on face

Palpitation sometimes

Tongue: Dark purple

Pulse: Deep and slippery

Eyes inner contracting

Bulging pain on the fingertips/toes

No appetite, Overwhelming heat in the stomach area

# Case: Ovarian Cancer w/ Liver Metastasis after surgery

Prescription :

Pao Fu Zi 100g Pao Jiang 90g Bai Zhu 90g Hong Shen 90g Gui Ban 30g Zhi Gan Cao 120g Wu Zhu Yu 30g

Sha Ren 30g (stir-fry with ginger juice)

Sheng San Yu Rou 90g

Sheng Jiang 45g Da Zao 25 pieces



Qian Yang Dan (Zheng Qin An 《Yi Li Zhen Chuan》):

Sha Ren 30g (stir-bake with ginger juice), Fu Zi 24g, Gui Ban 6g, Gan Cao 15g

"Qian Yang Dan absolves qi back to kidney. Sha Ren is pungent-warm. It not only expel all pathogens in middle, but also absolves qi back to kidney. Fu Zi is pungent-hot, it tonify the Yang in kidney water, which is tonifing the sovereign fire. Gui Ban is hard and burn with essence of water, so it can communicate Yin and Yang. Assisted the 'Gan Cao to tonify the middle. That's why named as Qian Yang."

### About Dr. Wu Xiong Zhi

 Dr. Wu Xiong Zhi born in Chinese medicine family at 1975. He also has degree of doctor of western internal medicine. Worked as Chief Physician, Department of Integrative Medicine in Tianjin Cancer Hospital and Oncology Doctoral Supervisor of Tianjin Medical University.



### Case: Esophageal cancer lung metastasis

Gender: Male

• Age: 60+

Symptoms:

Dryness in esophagus, difficult to eat

Acid reflux

Bad appetite

Pale tongue, coating white and slimy

Pulse string and vacuous

### Case: Esophageal cancer lung metastasis

#### Prescription :

Yin Chen 30g, Huang Qin 10g, Zhe Bai Mu 10g, Guang Hou Xiang 10g, She Gan 10g, Dou Guan 6g, Dang Shen 30g, Fa Ban Xia 27g, Yu Jin 10g, San Qi 2g, Ji Xin Zi 30g, Qu Mai 30g, Wei Ling Xian 30g, Zhi Tian Nan Xing 18g, Kun Bu 30g, Duan Wa Leng Zi 15g, Dai Zhe Shi 30g, Shan Dou Gan 10g, Tian Long 5g, Pu Gong Ying 50g



### Case: Esophageal cancer lung metastasis

#### Analysis:

- Yin Chen, Huang Qin free coursing the dampness-heat in upper and middle Jiao. Clear heat, drain dampness and detoxing.
- Dou Guan, Guang Hou Xiang resolve turbidity with aroma, enliven the spleen.
- Wei Ling Xian, Zhe Bai Mu, Zhi Tian Nan Xing, Kun Bu, Qu Mai resolve phlegm, drain dampness, disperse abscesses and nodules

Shan Qi, Ji Xin Zi revolve stasis blood and aggregation accumulation

Tian Long detoxify and softenhardness and nodules.

- Gan Lu Xiao Du Dan ( 《 Yi Xiao Mi Chuan 》 ) :
  - Fei Hua Shi 450g, Mian Yin Chen 330g, Dan Huang Qin 300g, Shi Chang Pu 180g, Chuan Bai Mu 150g, Mu Tong 150g, Huo Xiang 120g, Xhe Gan 120g, Lian Qiao 120g, Bo He 120g, Bai Dou Guan 120g
  - Action: Clear heat and detoxify. Resolve turbidity and drain dampness
  - Indication: Dampness-warmth, summerheat-warmth, beginning of plague, pathogen in qi aspect, dampness and heat both exist

- Ji Xin Zi:
  - Dried seed of impatien
  - Qi, Flavor and Meridian ]: Slightly bitter, Pungent,
     Warm, mild toxin, into Lung and Liver meridian
  - 【 Action 】: Break blood, soften hardness, resolve accumulation
  - Indication ]: Aggregation-accumulation,
     Amenorrhea, Dysphagia-occlusion

- Tian Long:
  - It is Gecko.
  - Qi, Flavor and Meridian ]: Salty, Cold, mild toxin
  - 【 Action 】: Dispel wind, settle fright, relieve pain, disperse abscesses
  - Indication ]
    - 1.Infantile convulsion, Epilepsy, Tetanus, and Rheumatic joint pain
      - 2. Scrofula, Subcutaneous node, Cancer tumor

### Case: Gastric lymph node metastasis

Gender: Female

• Age: 60+

Symptoms:

Sallow complextion, heavy body and fatigue

Torpid intake, bland taste, no thirst

Slimy stool Skinny body

One week of chemotherapy but not tolerated

Purple tongue, thin white coating

Pulse rapid and slippery

### Case: Gastric lymph node metastasis

#### Prescription :

Dang Shen 20g, Cu Shang Lu 9g, Bai Yin 20g, Bai Hua She She Cao 30g, Zhi Tian Nan Xing 54g, Tu Fu Ling 30g, Ban Zhi Lian 30g, Chen Pi 6g, Fu Ling 10g, Gan Cao 3g, Wu Jia Pi 10g, Xian He Cao 30g, Cu Xiang Fu 10g, Yi Yi Ren 45g, Gua Lou 30g, Huang Qi 30g, Yu Zhi Zi 10g, Qing Meng Shi 10g, Ye Pu Tao Gan30g, San Qi 2g, Cu Wu Ling Zhi 10g,
Bai Zhu 10g, Mao Ren Shen 50g, Tu Bei Mu 6g

### Case: Gastric lymph node metastasis

#### Analysis:

- Meng Shi, Yi Yi Ren, Gua Lou, Zhi Tian Nan Xing, Tu Fu Ling resolve phlegm and disperse nodule
- Tu Bei Mu, Cu Shang Lu soften hardness and disperse abscesses
- San Qi, Cu Wu Ling Zhi activating blood and resolve stasis
- Heat toxin remains after chemotherapy. Bai Hua She She
   Cao, Ban Zhi Lian, Bai Yin clear heat and detoxing

Xiang Fu, Yu Zhi Zi, Mao Ren Shen, Cu Wu Ling Zhi sooth Liver Maridien and regulate qi.

- - Da Huang wine-steamed 240g, Huang Qin wine-washed 240g, Jin Meng Shi crushed 30g
  - Indication: Excess heat-phlegm, manic, or fearful throbbing, coma, or cough with thick phlegm, or stuffiness in chest, vertigo, tinnitus, subcutaneous around the neck, insomnia, or strange dreams, or joint pain, or stipation, tongue coating yellow and thick, pulse rapid and lippery.

- Shang Lu:
  - Dry root of Shang Lu
  - Qi, Flavor and Meridian ]: Bitter, cold, toxin, into Liver, Spleen, Kidney, Large Intestine meridian
  - Action ]: drain water and reduce edema, detoxing and disperse nodules
  - Indication : Edema, difficult urination and constipation, and exterior use for abscess.

- Bai Yin :
  - Whole body of Bai Yin Cao
  - 【 Qi, Flavor and Meridian 】: Bitter, slightly cold, into Liver, Gall Bladder meridian
  - 【 Action 】: Cleat heat and detoxing, drain dampness, expel wind
  - Indication : Cancer tumor, hepatitis with jaundice, gall bladder stone, abscess, erysipelas, wind-dampness arthralgia

- Ye Pu Tao Gan:
  - Dry root of Qio Pu Tao or Ci Pu Tao
  - Qi, Flavor and Meridian ]: Sweet, non toxin, into
     Liver, Kidney meridian
  - 【 Action 】: Activate blood, resolve accumulation, clear heat and detoxing
  - Indication : Treating abscess, Chronic Osteomyelitis, Hematamesis, Bloating, Hemorrhoids, turbid urine

- Yu Zhi Zi :
  - Dry fruit of Mu Tong
  - Qi, Flavor and Meridian ]: Sweet, slightly bitter,
     Cold, into Liver, Stomach, Bladder meridian
  - 【 Action 】: Sooth liver and regulate qi, activate blood and relieve pain. Promote urine, kill worms
  - Indication : Bloating pain in chest, Amenorrhea, Dysmenorrhea, inhibited urination.

- Mao Ren Shen:
  - Dry fruit and root of Mi Hou Tao
  - 【 Qi, Flavor and Meridian 】: Bitter, Cool, into Liver, Spleen, Stomach, Bladder meridian
  - 【 Action 】: Clear heat, detoxing and resolve accumulation
  - Indication : Respiratory infection. Summer-heat, white vaginal discharge, abscess, Digestive system

- Tu Bei Mu:
  - Dry root of Tu Bei Mu Cao
  - Qi, Flavor and Meridian ]: Bitter, Cool, into Lung,
     Spleen meridian
  - 【 Action 】: Disperse abscess, resolve accumulation, detoxing
  - Indication : Abscess, acute mastitis, scrofula,
     phlegm node, sole and ulcer

