Cases from Dr. Hai Sha Ni

• Dr. Hai Sha Ni (1954 - 2012), a Chinese physician born in Taiwan. He founded the Han and Tang Chinese Medicine Clinic in the United States and was previously a PhD supervisor at the Five Branches University and the Dean of the Han and Tang Chinese School of Medicine. Life devoted to carry forward the Chinese medicine and Chinese culture.
Case: Brain Cancer

- Gender: Female
- Age: 60+
- Symptoms:
  - Difficulty to sleep
  - Eat a lot
  - Sometimes constipation
  - Coating: Yellow, wet
  - Take steroid 3 times daily
  - Dry mouth, thirsty, prefer icy drink
  - Hot feet, especially at night
  - Pulse: Robust
Case: Brain Cancer

- Prescription:

  Shi Gao 180g  Zhi Mu 15g  Xuan Fu Hua 9g
  Dai Zhe Shi 15g  Ban Sha (Raw) 12g
  Gui Zhi 9g  Bai Zhu 9g  Fu Ling 15g
  Zhu Ling 9g  Ze Xie 15g  Chuan Xiong 9g
  Mu Dan Pi 9g  Hong Hua 6g
  Sheng Jiang 3 slices
Case: Brain Cancer

• Prescription Analysis:
  Shi Gao, Zhi Mu - Bai Hu Tang
  Xuan Fu Hua, Dai Zhe Shi - Xuan Fu Dai Zhe Tang
  Gui Zhi, Bai Zhu, Fu Ling, Zhu Ling, Ze Xie - Wu Ling San
  Chuan Xiong, Mu Dan Pi, Hong Hua - Blood Circulation
  Ban Sha (Raw) - Removing Phlegm
  Sheng Jiang - Warming stomach
Case: Malignant Lymphoma

• Gender : Male
• Age : 40+
• Symptoms :

  Cold feet & Cold body                  Not easy to sweat
  Good Appetite                        Normal thirst, prefer cold
  Bowel movement daily                 Good sleep, dream a lot
  Coating: White, wet, body red & thick
  Pulse: Thin and weak
Case: Malignant Lymphoma

- Prescription:
  - Sheng Fu Zi 6g
  - Fang Ji 9g
  - Long Gu 9g
  - Gan Jiang 6g
  - Bai Zhu 15g
  - Mu Li 30g
  - Zhi Gan Cao 9g
  - Fu Ling 15g
  - Ze Xie 15g
Case: Malignant Lymphoma

• Prescription Analysis:

  Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang
  Fang Ji, Bai Zhu, Fu Ling, Ze Xie – Dredge San Jao
  Long Gu, Mu Li – Converge the Yang Qi
Case: Breast Cancer

• Gender: Female
• Age: 40+
• Symptoms:
  - Lump at UOQ of left breast and armpit, with skin change
  - Constipation, Not east to sweat
  - Thirst, prefer warm drink
  - Bad Appetite
  - Cold feet and body
  - Advanced period and spotting
  - Insomnia (half year)
  - Coating: Thin, white, body red
  - Pulse: Thin and weak
Case: Breast Cancer

• Prescription:

Da Huang 6g    Xi Xin 6g    Pao Fu Zi 9g
Bai Zhu 9g     Gui Zhi 9g    Bai Shao 9g
Zhi Gan Cao 9g Da Zao 10 pieces
Wu Zhu Yu 6g   Gan Jiang 6g  Dang Gui 6g
Mu Tong 9g     Mu Li 30g    Sheng Fu Zi 9g (packed)
Wa Leng Zhi 15g Fang Ji 15g
Case: Breast Cancer

• Prescription Analysis :

Da Huang, Xi Xin, Pao Fu Zi – Da Huang Xi Xin Fu Zi Tang
Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Wu Zhu Yu, Gan Jiang, Dang Gui, Mu Tong – Dang Gui Si Ni Jia Wu Zhu Yu Tang
Long Gu, Mu Li – Converge the Yang Qi
Case: Colorectal Cancer

- Gender: Female
- Age: 70+
- Symptoms:
  - Blood in stool
  - Good Appetite
  - Thirst prefer icy drink
  - Sweating during sleep
  - Coating: Light yellow, wet
  - Light yellow urine
  - Body hot but cold feet & hand
  - Insomnia 3 years
  - Pain in both legs
  - Deep and Firm on Chi Mai
Case: Colorectal Cancer

- Prescription:

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hou Po</td>
<td>6g</td>
</tr>
<tr>
<td>Zhi Shi</td>
<td>6g</td>
</tr>
<tr>
<td>Da Huang</td>
<td>9g</td>
</tr>
<tr>
<td>Gui Zhi</td>
<td>15g</td>
</tr>
<tr>
<td>Bai Shao</td>
<td>12g</td>
</tr>
<tr>
<td>Sheng Jiang</td>
<td>2 slices</td>
</tr>
<tr>
<td>Hong Zao</td>
<td>10 pieces</td>
</tr>
<tr>
<td>Dang Gui</td>
<td>6g</td>
</tr>
<tr>
<td>Mu Tong</td>
<td>6g</td>
</tr>
<tr>
<td>Xi Xin</td>
<td>6g</td>
</tr>
<tr>
<td>Huai Hua</td>
<td>9g</td>
</tr>
<tr>
<td>Chi Xiao Do</td>
<td>9g</td>
</tr>
<tr>
<td>Ma Huang</td>
<td>9g</td>
</tr>
<tr>
<td>Bai Zhu</td>
<td>9g</td>
</tr>
<tr>
<td>Pao Fu Zi</td>
<td>9g</td>
</tr>
<tr>
<td>Zhi Gan Cao</td>
<td>9g</td>
</tr>
<tr>
<td>Fang Feng</td>
<td>15g</td>
</tr>
<tr>
<td>Zhi Mu</td>
<td>9g</td>
</tr>
<tr>
<td>Mai Men Dong</td>
<td>9g</td>
</tr>
<tr>
<td>Mang Xiao</td>
<td>9g (divided into three parts)</td>
</tr>
</tbody>
</table>
Case: Colorectal Cancer

• Prescription Analysis:

Da Huang, Hou Po, Zhi Shi, Mang Xiao – Da Chen Qi Tang
Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Gan Jiang, Dang Gui, Mu Tong, Xi Xin – Dang Gui Si Ni Tang
Gui Zhi, Ma Huang, Bai Zhu, Pao Fu Zi, Zhi Gan Cao, Fang Feng, Zhi Mu, Mai Men Dong – Gui Zhi Shao Yao Zhi Mu Tang
Huai Hua, Chi Xiao Do, Dang Gui - Remove the heat in lower Jiao
Case: Lung Cancer

- Gender: Female
- Age: 80+
- Symptoms:
  - Cough during sleep, sticky
  - Vomiting with blood clot
  - Side chest pain
  - Can not do deep breath
  - Bad appetite
  - Coarting: Light yellow, dry
  - Pulse: Big, string, rapid and deep solid
  - Urethritis
  - Dark stool
  - Cough while laying down
  - Always thirsty, prefer warm
  - Cold hands and feet
Case: Lung Cancer

• Prescription 1:
  Shi Zao Tang

• Prescription 2:
  Ban Xia 9g  Huang Qin 9g  Huang Bai 9g  Nan Xing 9g
  Xuan Fu Hua 9g  Dai Zhe Shi 9g  Sheng Jiang 2 slices
  Zhi Gan Cao 9g  Zhi Shi 6g  Hua Shi 9g  Zhu Ling 9g
Prescription used by Dr. Hai-Sha Ni

- **Shi Zao Tang**:
  
  Yan Hua, Gan Sui, Da Ji same amount in powder
  
  Da Zao 10 pieces

- Cook Da Zao first, remove the residue then adding the powder 3 grams for strong person, 1.5 gram for weak patient. Or make pill with Da Zao and powder. Take it till patient has diarrhea. When it’s done, patient should only eat food which is nutrient and easy to digest.
Case: Lung Cancer

• Prescription Analysis:

  Shi Zao Tang – Using with empty stomach, last for 5 hours

  Ban Xia, Huang Qin, Huang Bai, Hua Shi, Zhu Ling—Urethritis

  Xuan Fu Hua, Dai Zhe Shi, Sheng Jiang 2 slices, Zhi Gan Cao – Xuan Fu Dai Zhe Tang

  Zhi Shi – Open the chest and the diaphragm
Case: Liver Cancer

- Gender： Male
- Age： 50+
- Symptoms:
  - Wake up during sleep once (around 3~4am)
  - Dark urine with bubbles
  - Go to poop 4 times/day
  - Good appetite
  - Sore legs, sometimes cramp
  - Night sweat
  - Always thirsty, prefer warm
  - Red palm and cold feet

Coarting: No coating, red tongue  Pulse: Big
Case: Liver Cancer

• Prescription:

- Sheng Fu Zi 9g (packed)
- Huang Qin 9g
- Chai Hu 9g
- Chuan Xiong 9g
- Zhi Bie Jia 9g
- Ban Xia 9g
- Mai Men Dong 15g
- Dang Shen 9g
- Shen Jin Cao 12g
- Gou Qi Zi 15g
- Zhi Zi 6g

- Huang Lian 6g
- Chuan Xiong 9g
- Qian Cao 9g
- Tian Nan Xing 9g
- Tien Hua Fen 15g
- Bai Shao 15g
- Zhi Gan Cao 9g
- Ze Xie 15g
- Jue Ming Zi 9g
- Sheng Liu Huang 9g
- Gan Jiang 6g
- Yin Chen 9g
Case: Liver Cancer

- Prescription Analysis:
  - Chai Hu, Huang Qin, Ban Xia, Dang Shen, Zhi Gan Cao – Xiao Chai Hu Tang
  - Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang
  - Ban Xia, Tian Nan Xing – Removing the phelgm
  - Mai Men Dong, Tien Hua Fen, Jue Ming Zi, Gou Qi Zi – Yin deficiency and thirst
  - Ze Xie, Zhi Zi, Yin Chen – Dark urine
About Dr. Ke Li

- Dr. Ke Li (1930 ~ 2013), he is a Chinese medicine practitioner and TCM expert in mainland China. He devoted himself to the clinical research of Chinese medicine for 52 years, advocated Fuyang, and treated patient with large amount of Fu Zi. He claimed to have cured more than 100,000 critically ill patients, including more than 20,000 cases of terminally ill patients who had been sentenced by the hospital.
Case: Pancreatic Cancer with Liver Metastasis after Surgery

• Gender: Male
• Age: 60+
• Symptoms:
  - Dark yellow on face
  - Lower back pain
  - Lose weight
  - Bad appetite
  - Always feel cold
  - Coating: No coating, purple tongue with teeth marks
  - Pulse: weak
Case: Pancreatic Cancer with Liver Metastasis after Surgery

• Prescription :

Ginseng 15g (cooked separately)  Piao Hai Zao 30g
Zhi Gan Cao 30g  Quan Xie 12 pieces  Shu Di Huang 30g
Wu Gong 3 piece (Grinding)  Wu Ling Zhi 30g
Bai Jie Zi 10g (fried and Grinding)  Ma Huang 5g
Zi You Gui 10g (cooked only 5 min)  Lu Jiao Shuang 45g
Pao Jiang 15g  Sheng Ban Xia 75g  Sheng Nan Xing 10g
Pao Fu Zi 45g  Fu Ling 45g  Da Bei 120g
Xi Xin 45g (cooked only 5 min)  Sheng Jiang 45g
Case: Pancreatic Cancer with Liver Metastasis after Surgery

- Prescription:

  Ginseng 15g (cooked separately)  Fu Ling 45g
  Sheng Jiang 45g  Pao Fu Zi 45g  Zhi Gan Cao 30g
  Bai Jie Zi 10g (fried and grinding)  Shu Di 30g
  Ma Huang 5g  Zi You Gui 10g (cooked only 5 min)
  Lu Jiao Shuang 45g  Piao Hai Zao 30g
  Quan Xie 12 pieces  Wu Gong 3 (grinding powder)
  Wu Ling Zhi 30g  Pao Jiang 15g  Sheng Ban Xia 75g
  Sheng Nan Xing 10g  Xi Xin 45g (cooked only 5 min)
  Da Bei 120g
Case: Pancreatic Cancer with Liver Metastasis after Surgery

• Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang
Bai Jie Zi, Shu Di, Ma Huang, Zi You Gui, Lu Jiao Shuang, Piao Hai Zao – Yang He Tang
Quan Xie, Wu Gong – Zhi Jin San
Sheng Ban Xia, Sheng Nan Xing, Da Bei – Remove the phelgm
Pao Jiang, Xi Xin – Warm up
Prescription used by Dr. Ke Li

• **Yang He Tang**:  
  - Shu Di Huang 30g  
  - Bai Jie Zi 6g  
  - Sheng Ma Huang 1.5g  
  - Sheng Gan Cao 3g  
  - Lu Jiao Jiao 9g  
  - Pao Jiang 1.5g  
  - Rou Gui 3g  

• **Effect**: Tonify Yang Qi and blood, warm up and remove the blockage in meridian
Prescription used by Dr. Ke Li

• Gong Ai Duo Ming Tang:

Piao Hai Zao 30g  Sheng Gan Cao 30g  Mu Bie Zi 30g
Cu Bie Jia 30g   She She Cao 30g  Xia Ku Cao 30g
Zao Xiu 30g      Hai Ha Ke 30g   Huang Yao Zi 30g
Sheng Ban Xia 30g Sheng Jiang 30g  Yuan Shen 30g
Mu Li 30g        Da Bei 15g      Shan Ci Gu 10g
Shan Dou Gen 10g  Quan Xie 12 pieces Wu Gong 4pieces
Ming Xiong Huang 1g” (Grinding)
Prescription used by Dr. Ke Li

• Gong Ai #2 Tang :

Zhi Gan Cao 60g   Gan Jiang 45g   Sheng Fu Zi 30g
Sheng Ban Xia 65~120g   Sheng Nan Xing 45~60g
Sheng Yu Bai Fu 30g   Bai Jie Zi (Grinding fried) 15~45g
Piao Hai Zao 45~120g   Zhi Jing San 6g
Ma Huang 5g   Zi You Gui (Grinding) 1.5~3g
Wu Ling Zhi 30g   Sheng Shai Shen (Grinding) 30g
Xi Xin 45g   Chuan Jian Bei 6~12g
Sheng Jiang 75g
Case: Stomach Cancer after Total Gastrectomy

• Gender: Female
• Age: 30+
• Symptoms:
  - Nausea
  - Belching
  - Dark yellow on face
  - Coating: Light w/ teeth mark
  - Loss of Appetite
  - Cramps in abdominal region
  - Tired and sleepy
  - Pulse: Thin and Weak
Case: Stomach Cancer after Total Gastrectomy

• Prescription 1:

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zhi Gan Cao</td>
<td>120g</td>
</tr>
<tr>
<td>(Cooked separately)</td>
<td></td>
</tr>
<tr>
<td>Gan Jiang</td>
<td>90g</td>
</tr>
<tr>
<td>You Gui</td>
<td>10g</td>
</tr>
<tr>
<td>(cooked only 5~10 min)</td>
<td></td>
</tr>
<tr>
<td>Wu Zhu Yu</td>
<td>30g</td>
</tr>
<tr>
<td>Sheng Jiang</td>
<td>45g</td>
</tr>
<tr>
<td>Da Zao</td>
<td>25 pieces</td>
</tr>
<tr>
<td>Fu Ling</td>
<td>45g</td>
</tr>
<tr>
<td>Bai Zhu</td>
<td>90g</td>
</tr>
<tr>
<td>Pao Fu Zi</td>
<td>100g</td>
</tr>
<tr>
<td>Fu Ling</td>
<td>45g</td>
</tr>
<tr>
<td>Sheng Ban Xia</td>
<td>75g</td>
</tr>
<tr>
<td>San Shi</td>
<td>30g each</td>
</tr>
<tr>
<td>Sheng San Yu Rou</td>
<td>120g</td>
</tr>
<tr>
<td>Sheng Jiang juice</td>
<td>10ml</td>
</tr>
</tbody>
</table>
Case: Stomach Cancer after Total Gastrectomy

• Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang

Wu Zhu Yu, Da Zao, Sheng Jiang, Ginseng – Wu Zhu Yu Tang

San Shi – Sheng Long Gu, Sheng Mu Li, Ci Shi
Case: Stomach Cancer after Total Gastrectomy

• Prescription 2:

Pao Fu Zi 100g  You Gui 10g (cooked only 5~10 min)
Chen Xiang 10g  Sha Ren 10g (cooked only 7 min)
Sheng San Yao 60g  Fu Ling 45g  Ze Xie 30g
Huai Niu Xi 30g  Ginseng 30g  Zhi Gan Cao 90g
Bai Zhu 90g  Gan Jiang 90g  Wu Ling Zhi 30g
Shu He Xiang Wan 2 pieces  Shen Si Wei 30g each
Wu Mei 30g
Case: Stomach Cancer after Total Gastrectomy

• Prescription Analysis:

Pao Fu Zi, You Gui, Chen Xiang, Sha Ren, Sheng San Yao, Fu Ling, Ze Xie, Huai Niu Xi, Ginseng, Zhi Gan Cao – Wen Shi Ben Tun Tang

Shen Si Wei – Bu Gu Zhi, Yin Yang Huo, Tu Si Zi, Gou Ji Zi

Shu He Xiang Wan - Warms and Aromatically Opens the Orifices, moves Qi, transforms turbidity, clears Phlegm
Prescription used by Dr. Ke Li

• Po Ge Jiu Xin Tang:
  Fu Zi 30 ~ 200g,  Gan Jiang 60g
  Gao Li Shen 10 ~ 30g (Cooked separately)
  San Yu Rou 60 ~ 120g
  Sheng Long Gu powder 30g  Mu Li powder 30g
  Ci Shi powder 30g
  She Xiang 0.5g (divided into 3 parts, put in bowl and pouring herb soup into)
Prescription used by Dr. Ke Li

• Lai Fu Tang (張錫純“醫學衷中參西錄”):  
  San Yu Rou 60g  Sheng Long Gu powder 30g  
  Sheng Mu Li powder 30g  Sheng Bai Shao 18g  
  Ye Tai Shen 12g 、 Zhi Gan Cao 6g

• “For people who lost the Yuan Qi, all because of the qi lost in liver. So if people who is extremely weak and qi deficient, there will be signs for liver wind movement. The live wind movement is the early sign of Yuan Qi lost. The liver and gall bladder are depended to each other. The gall bladder is Lesser Yang, the major symptoms is cold-hot alternately; liver is Reverting Yin, when it’s in extreme deficiency, it also shows cold-hot alternately. Because the cold-hot alternately, so it generates the sweat. San Zhu Yu can not only reduce the sweat generating, but also tonify the liver as well. So it’s the best choice when patient’s losing Yuan Qi, because of liver qi extremely deficient.”
Prescription used by Dr. Ke Li

• Wen Shi Ben Tun Tang:

  Fu Zi 30 ~ 200g  Rou Gui 10g  Hong Shen 10 ~ 30g
  Chen Xiang 3 ~ 10g  Sha Ren 3 ~ 10g
  San Yao 30 ~ 60g  Fu Ling 30g  Ze Xie 30g
  Huai Niu Xi 10g  Zhi Gan Cao 60g

• Effect: Warm up and tonify the pre-birth ture fire in Ming-Man. Save and strengthen the Yuan Yang from losing. Tonify the Fire element to generate Earth element, reduce the dampness to wake up the Spleen. Tonify the Earth element to control the Water element, so it can reduce the edema. Let air flow into lung efficiently and reduce the asthma. Nourish the Chun Mai, induce the fire back to the origin. Reduce the qi upward. It can repel the coldness accumulated in all internal organs, get rid of the coldness inside the bone. So it can repel the coldness, move the qi and ease the pain.
Case: Pancreatic Cancer

• Gender： Female
• Age： 50+
• Symptoms:
  - Surgery wound heal slow
  - Dark yellow on face
  - Tongue: light purple
  - Lost of Appetite
  - Shivering, cold limbs
  - Pulse: Thin and weak
Case: Pancreatic Cancer

• Prescription:

- Sheng Fu Zi 30g
- Gan Jiang 30g
- Bai Zhu 90g
- Ginseng 30g (cooked separately)
- Chao Mai Ya 30g
- Zhi Gan Cao 60g
- You Gui 10g (cooked only 5~10 min)
- Sheng Ban Xia 45g
- Fu Ling 45g
- Sheng Jiang 45g
- Sha Ren 30g (fried with Sheng Jiang juice)

• Added in second visit:

- Pu Gong Ying 120g
- Zao Ci 10g
- Pao Jia Zhu 10g
- Bai Zhi 10g (cooked only 5~10 min)
- Sheng Huang Qi 90g
Prescription used by Dr. Ke Li

• Tou Nong San (From “外科正宗”):
  Huang Qi 12g  Dang Gui 6g  Chao Chuan San Jia 3g
  Zao Jiao Ci 4.5g  Chuan Xiong 9g

  “About the Huang Qi using in the formula, if it used in Sheng Huang Qi, it can tonify the qi and repel the pus; if using the Zhi Huang Qi then it can only tonify the Qi but can not repel the pus, and it will enhance the fire and poison caused by the pus. So it has to be using the Sheng Huang Qi. Use large dosage of Sheng Huang Qi to tonify the qi and repel the pus as major ingredient, assist with Dang Gui, Chuan Xiong to nourish the blood and increase blood circulation. Using San Jia and Zao Ci to reduce the tumor, soften and break down the mass. Yellow wine helps to moving the herb inside meridians and reduce the stasis. All ingredients work together to break down the pus and repel the poison out of body.”
Case: Ovarian Cancer w/ Liver Metastasis after surgery

- Gender: Female
- Age: 50+
- Symptoms:
  - Migraine
  - Dark yellow on face
  - Palpitation sometimes
  - Tongue: Dark purple
  - Pulse: Deep and slippery
  - Eyes inner contracting
  - Bulging pain on the fingertips/toes
  - No appetite, Overwhelming heat in the stomach area
Case: Ovarian Cancer w/ Liver Metastasis after surgery

• Prescription:

- Pao Fu Zi 100g
- Pao Jiang 90g
- Bai Zhu 90g
- Hong Shen 90g (pounding)
- Gui Ban 30g
- Zhi Gan Cao 120g
- Wu Zhu Yu 30g
- Sha Ren 30g (fried with Sheng Jiang juice)
- Sheng San Yu Rou 90g
- Sheng Jiang 45g
- Da Zao 25 pieces
Prescription used by Dr. Ke Li

- **Qian Yang Dan (鄭欽安“醫理真傳”)**: Sha Ren 30g (fried with Sheng Jiang juice), Fu Zi 24g, Gui Ban 6g, Gan Cao 15g

  - What Qian Yang Dan does induce the qi back and into kidney. The ingredient San Ren is acrid and warm, which can repel the bad Yin energy in the middle of body, and it can induce the qi back and into kidney. Fu Zi is acrid and hot, which can tonify the true Yang in the water element. The true Yang is the fundamental of Jun Huo. So tonify the true fire is to tonify the Jun Huo. About the ingredient Gui Ban, it is hard and born with the essence of water element, so it can communicate the Yin to assist Yang. People who use it to tonify the Yin and enhance water flowing is not the correct way. It assists with Gan Cao to tonify the Chun Qi, has the effect to balance the fire and water. So it’s called Qian Yang (Descend the Yang). It’s not like Si Ni Tang jia Gan Jiang, but using the Sha Ren fried with ginger juice to get the effect of descending the Yang and inducing the qi back. In this way it will not damage the essence and waste the qi.
Q&A